

Southern Regional Middle School April 2018

Questions, comments or concerns contact: Gary Haddad,
Food Service Director at 609- 597-9481 Ex. 4369

DELI

Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some of Our Fast
Take Sandwiches

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread

**Breakfast Served Daily 7:30 – 7:40
Available to ALL.**

Daily and Weekly Salad Specials

Week 1
Romaine Salad
Week 2
Spinach Salad
Week 3
Romaine Salad
Week 4
Spinach Salad

SALADS

Week 1: Garden Salad w/ Cheese
Week 2: Chef Salad
Week 3: Chicken Caesar Salad
Week 4: Buffalo Chicken Salad
Week 5: Greek Salad w / Pita

GRILL

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded
Chicken w/ Grain, Chicken Patty Sandwich

Monday: Jersey Burger
Tuesday: Buffalo Chicken Patty
Wednesday: Chicken Bacon Cheddar Sandwich
Thursday: Turkey Rubeen Sandwich
Friday: Pork Roll & Cheese on a Bagel

Everyday Choices

PIZZA

Cheese And Pepperoni Pizza Plus Specialty Pizzas

Monday: Stromboli Tuesday: Buffalo Chicken
Wednesday: White Pizza Thursday: French Bread Friday: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



4/2 Spring Recess School Closed	4/3 Spring Recess School Closed	4/4 Spring Recess School Closed	4/5 Spring Recess School Closed	4/6 Spring Recess School Closed
4/9 Quesadilla Bar w/ Salsa & Fixings Bar Glazed Carrots V	4/10 Chicken Bowl w/ Roll Mashed Potatoes & Gravy Sweet Golden Corn	4/11 Cheese Ravioli w/ Garlic Bread Roasted Broccoli V	4/12 Taco Bar w/ Hard or Soft Shell w/ Fixings Salsa & Refried Beans Spanish Rice	4/13 Chinese Take Out w/ Fried Rice Asian Stir Fry Vegetables
4/16 Sloppy Joe Sandwich w/ Crabby Potato Wedges Glazed Carrots	4/17 Chicken Sticks w/ Dinner Roll Smiley Fries	4/18 Twin Hot Dog Bar w/ Fixings Sautéed Spinach & Garlic	4/19 Nacho Bar w/ Fixings Bar Pinto Beans Carrot Sticks	4/20 Grilled Cheese w/ Tomato Soup Green Pepper Strips V
4/23 Early Dismissal Grab & Go Pizza, Chicken Sandwich, Burgers, Hummus & Bagel Box	4/24 Popcorn Chicken w/ Butter Milk Biscuit Roasted Corn	4/25 BBQ Chicken w/ Mashed Potatoes Gravy Steamed Broccoli	4/26 Taco Bar w/ Hard or Soft Shell w/ Fixings Salsa & Refried Beans Spanish Rice	4/27 Meatball Sub w/ French Fries Peas & Carrots
4/30 Mozzarella Sticks w/ Marinara Carrot Sticks w/ Dip V	Grab & Go Available Daily: Hummus & Veggie Cheese & Crackers Box V	Available Daily: Peanut Butter & Jelly Sandwich Bagel, Cereal & Yogurt Box V	Breakfast Available to All: Students Full: \$1.75 Reduced: \$.30 Adult: \$ 2.25	Lunch Available to All: Students Full: \$2.95 w/ Fries: \$3.35 Reduced: \$.40 Adult A la Carte: \$3.30

**Veggie Bar Offered Daily
Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers**